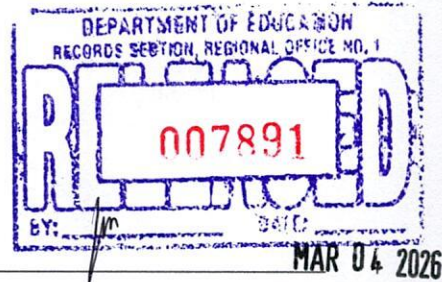




Republic of the Philippines
Department of Education
 REGION I



REGIONAL MEMORANDUM
 No. 295, s. 2026

**REITERATION OF HEALTH AND SAFETY PROTOCOLS FOR
 THE CONDUCT OF 2026 REGION 1 ATHLETIC ASSOCIATION (R1AA) MEET**

To: Schools Division Superintendents

1. This refers to DepEd Memorandum OM-OUOPS-2026-01-72 issued by USEC Malcolm S. Garma, Undersecretary and Secretary-General of the Palarong Pambansa, Office of the Undersecretary for Governance and Operations, titled "Reiteration of Health and Safety Protocols for the Conduct of Regional Meets," dated March 3, 2026.
2. In this connection, this Office reiterates the strict observance of precautionary measures to safeguard the health and well-being of all student-athletes and personnel during the conduct of the Region 1 Athletic Association Meet.
3. Student-athletes and concerned personnel shall undergo proper medical check-ups conducted by qualified physicians before and during the conduct of local sports meets.
4. The Regional Office shall implement and maintain adequate and accessible hydration stations, as well as other necessary health and safety measures, to ensure the safe and orderly conduct of all sporting events under its jurisdiction.
5. Immediate dissemination of and compliance with this Memorandum is highly encouraged.

For the Regional Director:


ARNOLD I. VINO
 Chief Administrative Officer
 Finance Division

Encl: As stated
 Reference: DepEd Memorandum OM-OUOPS-2026-01-72

To be indicated in the Perpetual Index
 under the following subjects:

SPORTS
 ESSD/jp/RM_ReiterationofHealthandSafetyProtocolsforR1AAMeet



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Republika ng Pilipinas


Department of Education


OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

MEMORANDUM

OM-OUGOPS-2026-01-72

TO : **ALL REGIONAL DIRECTORS
ALL REGIONAL SPORTS OFFICERS
ALL OTHER OFFICES CONCERNED**

FROM :  **MALCOLM S. GARMA**
Undersecretary
Office of the Undersecretary for Governance and Operations
Secretary-General, Palarong Pambansa



SUBJECT : **REITERATION OF HEALTH AND SAFETY PROTOCOLS
FOR THE CONDUCT OF REGIONAL MEETS**

DATE : **03 MARCH 2026**

The Department of Education (DepEd), through the supervision of the *Palarong Pambansa Board*, continues to monitor the simultaneous conduct of regional meets nationwide in preparation for the upcoming *Palarong Pambansa 2026*.

In this regard, the Office of the Undersecretary for Governance and Operations (OUGOPS) **reiterates the strict observance of precautionary measures to safeguard the health and well-being of all student-athletes and personnel.** Particular attention must be given to the prevention and immediate management of health-related and other medical conditions, including heat stroke, hypertension, dehydration, and hyperventilation, especially as prevailing temperatures have reached alert levels.

Accordingly, all Regional Offices are directed to ensure that student-athletes and concerned personnel undergo proper medical check-ups conducted by qualified physicians before and during the conduct of local sports meets. Regions are likewise enjoined to implement and maintain adequate and accessible hydration stations and other necessary health and safety measures to guarantee the safe and orderly conduct of all sporting events under their jurisdiction.

Immediate dissemination of this memorandum and submission of acknowledgment of receipt, together with confirmation of compliance and corresponding actions undertaken, are hereby requested.

[PPS/EA]