



Republic of the Philippines
Department of Education
REGION I



Advisory No. 157, s. 2025
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In compliance with DepEd Order (D.O) No. 8, s. 2013
this advisory is issued not for endorsement per D.O No. 28, s. 2001,
but only for the information of DepEd Officials,
personnel/staff, as well as the concerned public.
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**PHYSICAL EDUCATORS ASSOCIATION OF THE PHILIPPINES (PEAP) 6TH
INTERNATIONAL SEMINAR WORKSHOP**

The Physical Educators Association of the Philippines (PEAP) in partnership with Mariano Marcos State University (MMSU), will conduct its 6th International Seminar Workshop with the theme "Enhancing Physical Education Teachers' Competencies: A Continuous Training Program for dance, Fitness, Sports, and Research" at the MMSU Teatro Ilocandia, City of Batac on November 26-28, 2025.

The seminar workshop will feature sessions on dance, sports, and research; lecture-demonstrations; and culminating activities that showcase participant's skills and key learnings from renowned Keynote Speakers. The event aims to strengthen pedagogical methods and innovative approaches in teaching physical education across various contexts. Attached are the program of activities, event matrix, and list of officers for reference.

There will be a registration fee of 3,420.00 (early registration) and P3,800.00 (on-site registration) which covers venue expenses, meals (lunch and two snacks per day for three days), honoraria for resource speakers, certificates, and other related costs. Accommodation/lodging is not included in the registration fee. Registration fees and accommodation may be charged to MOOE or other local funds subject to the usual accounting and auditing rules and regulations.

Target participants are educational leaders both from public and private schools. Participation in the seminar workshop shall be **VOLUNTARY** and shall be in accordance with DepEd Order No. 43, s. 2020 (Omnibus Travel Guidelines for All Personnel at the Department of Education).

For registration, confirmation, and other details, please contact:

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Handwritten signature of Nariza G. Tamayo

HRDD/aac/ADV_PEAP
November 4, 2025



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PHYSICAL EDUCATORS ASSOCIATION OF THE PHILIPPINES, INC.

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PROGRAM OF ACTIVITIES

ENHANCING PHYSICAL EDUCATION TEACHERS' COMPETENCIES: A CONTINUOUS TRAINING PROGRAM FOR DANCE, FITNESS, SPORTS AND RESEARCH

November 26 – 28, 2025
MMSU Teatro Ilocandia, City of Batac

Training Activity	Day 1	
7:30 - 8:30 AM	Arrival/Registration/Socialization	November 26, 2025
8:30 - 10:00 AM	Opening Program Presentation of Participants Welcome Remarks Rationale of the Activity Inspirational Message Presidents' Report Walkthrough of the Program	
10:00 - 12:00	Topic 1: The Role of PE in Higher Education Dr. Lordinio A. Vergara VP for Finance and Administration, PNU	
LUNCH BREAK (12:00-1:00)		
1:00 - 3:00	Topic 2: Research Dr. Lorna Espeso EAC and PEAP Board Member	
3:00 - 5:00	Topic 3: Folk Dance (Ilocano) Prof. Rowell C. Tagatac Chief, Cultural Development, MMSU – HMAIC	
5:00 – 6:00	Cultural Show (HMAED)	
DAY 2		
7:00 - 7:30	Attendance	November 27, 2025
7:30 - 8:00	Warm-up	
8:00 - 10:00	Topic 4: Social Dance Dr. Ferdie T. Lubis	



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	Chairperson, PUP Manila	
10:00 - 10:15	Health Break	
10:15 - 12:00	Topic 5: School Physical Education Program: Activities and Resources Dr. Victor F. Piores Faculty, CvSU	
LUNCH BREAK (12:00-1:00)		
1:00 - 4:00	Topic 6: Philippine Traditional & Non-Traditional Games GM Jonathan M. Abaya (Arnis) Founder & Chairman of the Board International Jendo Federation (IJF), Inc. Dr. Robert Alvin A. Yap (Pickleball) Head, Physical Education Department, President Ramon Magsaysay State University	
5:00 – 6:00	Annual meeting and election of regional coordinators	
DAY 3		
7:00 - 7:30	Attendance	November 28, 2025
7:30 – 8:00	Warm-up	
8:00 – 10:00	Topic 7: A Social Constructivist’s Perspective in Teaching and Learning Dr. Nauki Suzuki Faculty, Tokyo Gakugel University	
10:00 - 10:15	Health Break	
10:15 – 12:00	Topic 8: Mindanao Ethnic Dance Prof. Conrado S. Contreras Jr. EPS, SDO Manila	
	Topic 9: Research in Physical Education	
LUNCH BREAK (12:00-1:00)		



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1:00-3:00	Research Presentations	
3:00-5:00	Closing Program Distribution of Certificates and Group Presentations	