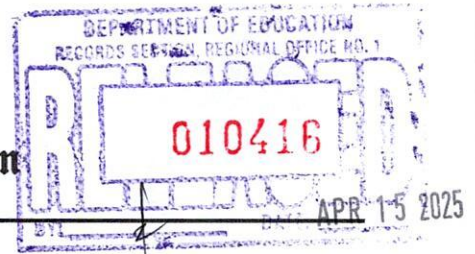




Republic of the Philippines  
**Department of Education**  
 REGION I



**REGIONAL MEMORANDUM**

No. 534 s. 2025

**VIRTUAL REGIONAL NUTRITION FORUM**

To: Schools Division Superintendents  
 All Others Concerned

1. This refers to the attached letter from the National Nutrition Council Regional Office I (NNC-RO I), City of San Fernando, La Union, dated April 8, 2025 regarding the above mentioned subject for information and guidance.
2. In support to the Regional Nutrition Committee's (RNC) efforts to disseminate the updated Philippine Plan of Action for Nutrition (PPAN) and Regional Plan of Action for Nutrition (RPAN) and to promote improved nutrition practices among partners and stakeholders, the National Nutrition Council will be conducting a **Virtual Regional Nutrition Forum on April 25, 2025 at 9:00 AM** onwards via **Zoom and Facebook Live**.
3. The forum is intended for Government Information Officers (GIOs), Child Development Worker (DCWs) and **Public School MAPEH Teachers** in Region I.
4. For information and guidance.

For the Regional Director:

**RHODA T. RAZON**  
 Assistant Regional Director

Incls.: As Stated

To be indicated in the Perpetual Index  
 Under the following subjects:

HEALTH EDUCATION                      PROGRAMS                      SCHOOLS

ESSD/SQC/mar/RM 2025  
 April 15, 2025



Flores St., Catbangen, City of San Fernando, La Union  
 Telephone Nos.: (072) 607-8137/682-2324  
 DepEd Region I    region1@deped.gov.ph  
 www.depedregion1.com

Doc. Ref. Code	RM-ORD	Rev	00
Effectivity	11.18.2024	Page	1 of 1





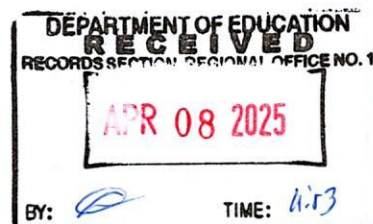
National  
Nutrition  
Council  
REGION 1  
ACCREDITED



Republika ng Pilipinas  
KAGAWARAN NG KALUSUGAN  
**NATIONAL NUTRITION COUNCIL REGIONAL OFFICE I**  
Unit GF3-4 MXM Building, Pindangan Road, Pagudpud  
City of San Fernando, La Union 2500

08 April 2025

**DIR. TOLENTINO G. AQUINO**  
Regional Director, DEPED-RO 1 and  
Member, Regional Nutrition Committee  
City of San Fernando, La Union



**ATTENTION: MS. MARICRIS A. RIMAS**

Regional Nutrition Planning and Evaluation Team (RNPET) Member

Dear **Director Aquino**:

Greetings from NNC Regional Office I!

In support to the Regional Nutrition Committee's efforts in disseminating the new PPAN/ RPAN and to promote better practices of our partners and stakeholders on proper nutrition, we are pleased to inform you that the NNC-Regional Office 1 will spearhead a **Virtual Regional Nutrition Forum on April 25, 2025 (9AM onwards)** via **virtual platform (zoom and FB live)** targeting the Government Information Officers (GIOs), Child Development Workers (DCWs) and Public-School Teachers in Region 1 (MAPEH Teachers).

The forum aims to increase the knowledge and awareness of the respective participants on the existing government plans and initiatives in addressing the country's malnutrition problems and capacitate them with the existing nutrition guidelines and advocacy materials which they can share among their respective constituents/clients/students.

Relative to this, may we respectfully request the following from your office:

1. Opening and inspirational message from the **Regional Director of DepEd** signifying full support to the implementation of the 2023-2028 RPAN and enjoining the public school teachers to advocate for proper nutrition in consonance to the directives of the PPAN. This could be through a recorded video or live.
2. Extend the invitation to all public-school teachers (specially MAPEH teachers) in Region 1 through its school divisions to join and participate in the event through zoom or FB live
3. Send a representative to attend the **coordination meeting on April 21, 2025, 1:00PM** at the NNC Regional Office

Attached is the program for ready reference. Further details on the program flow and registration shall be posted two days before the said forum.

For queries and confirmation, feel free to contact of focal person, Ms. Wylibeth Lumpias-Binayan with mobile number: **0916-282-9623** or email address [region1@nnc.gov.ph](mailto:region1@nnc.gov.ph).

Thank you and *mabuhay*.

Sincerely yours,

**KENDAL PILGRIM A. GATAN**  
OIC-Nutrition Program Coordinator, NNC-Region 1



**"Nutrisyong sapat para sa lahat!"**

Telefax: OED: (63-2) 8843-5818 DED: 8818-7398 • 8892-4271 AD: 8816-4239 CASHIER: 8843-5834  
FMD: (632) 8843-5856 NPPD: 8843-1337 NSD: 8843-5824 NIED: 8843-0142  
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**National  
Nutrition  
Council**  
REGION 1  
ILOCOS REGION



Republika ng Pilipinas  
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**NATIONAL NUTRITION COUNCIL REGIONAL OFFICE I**  
Unit GF3-4 MXM Building, Pindangan Road, Pagudpud  
City of San Fernando, La Union 2500

**“Special Event: Virtual Nutrition Forum for Government Information Officers, Child Development Workers and public-school teachers”**

**TENTATIVE PROGRAM OF ACTIVITIES**

*Tentative Date: April 25, 2025*

*Platform: Zoom and FB Live Airing*

*Tentative Venue (for organizers and partners): within La Union*

TIME	DURATION	ACTIVITY	IN-CHARGE
8:30AM-9:00AM	30 minutes	Registration	<b>NNC Secretariat and hired videographer</b>
9:00AM	30 minutes	<b>Preliminaries</b>  National Anthem Opening Prayer NNC Hymn Region 1 Hymn Bagong Pilipinas Hymn	<b>AVP</b>
9:30AM	5 minutes	<b>Opening and Inspirational Message</b>	<b>DIR. TOLENTINO G. AQUINO</b> Regional Director, DEPED-ROI and Member, Regional Nutrition Committee City of San Fernando, La Union
9:35AM	30 minutes	<b>Introduction of the Activity and Orientation on the Philippine Plan of Action for Nutrition (PPAN) 2023-2028</b>	<b>MR. KENDALL PILGRIM A. GATAN</b> OIC- Regional Nutrition Program Coordinator National Nutrition Council Region 1 Secretary, Regional Nutrition Committee
<b>Intersectoral Commitments and Technical Sessions</b>			
10:05AM	5 minutes	<b>Commitment Message</b>	<b>DIR. JENNILYNE ROLE</b> Regional Executive Director, PIA RO1 Member, Regional Nutrition Committee City of San Fernando, La Union
10:10AM	10 minutes	<b>Roles of information officers on Nutrition Promotion</b>	<b>c/o PIA1</b>
<b>NUTRITION BREAK (5 MINS)</b>			
10:25AM	40 minutes	<b>10 Kumainments “Sigla at Lakas ng Buhay and Pinggang Pinoy for all Age Group</b>	<b>MR. SHAMROCK T. BAS-ILAN</b> Nutrition Officer II NNC Region 1
11:05AM	10 minutes	<b>Commitment Message</b>	<b>DIR. MARIE ANGELA S. GOPALAN</b> Regional Director, DSWD-FO 1

			Member, Regional Nutrition Committee City of San Fernando, La Union
11:15AM	45 minutes	<b>The Power of the First 1000 Days</b>	<b>MS. CHRISTY F. BAUTISTA</b> Nutrition Officer II-PNFP NNC Region 1
<b>LUNCH BREAK</b>			
1:30PM	40 minutes	<b>Nutrition Programs for Government Workers (Offices and Schools)</b>	<b>MS. WYLIBETH N. LUMPIAS-BINAYAN</b> Nutrition Officer II NNC Region 1
2:10PM	30 minutes	<b>Open Forum</b>	<b>NNC1 and participants</b>
2:40PM onwards	30 minutes	<b>Closing Ceremony with pledge of commitments</b>  <b>Announcements and Reminders</b>	<b>MR. KENDALL PILGRIM A. GATAN</b>  <b>NNC1</b>
<b>End of Forum</b>			