



Republic of the Philippines
Department of Education
 REGION I



REGIONAL MEMORANDUM

No. 469, s. 2025

ANNOUNCING THE RESULT AND PARTICIPATION OF THE MEASURABLE SPORTS QUALIFIERS FOR THE 2025 PALARONG PAMBANSA

To: Schools Division Superintendents
 School Heads, Public Elementary and Secondary Schools
 School Heads, Private Elementary and Secondary Schools
 All Others Concerned

1. This Office announces the result of the measurable sports during the 2025 Region 1 Athletic Association (R1AA) Meet. The listed qualifiers will be representing the region in the upcoming 2025 Palarong Pambansa in Ilocos Norte on May 20-June 2, 2025.

2. Below is the list of the qualifiers.

ARCHERY-SECONDARY

	EVENT	NAME	SCHOOL	DIVISION
1	Archery-Secondary Boys	MANANGDANG, JAMES KALE D	ILOCOS SUR NATIONAL HIGH SCHOOL	IS
		QUIROB, ALBERT BRYAN A.	STA. ROSA NATIONAL HIGH SCHOOL	IN
		BANAYOS, JUAN DANIEL M.	URDANETA CITY NATIONAL HIGH SCHOOL	UC
		LITERAL, SANTINO JOSE P.	TAGUDIN NATIONAL HIGH SCHOOL	IS
	COACH:	OBRERO, KENNETH MATTHEW V.	ILOCOS SUR NATIONAL HIGH SCHOOL	VC
2	Archery-Secondary Girls	CANO, LEILA JELL C.	VIRGEN MILAGROSA SPECIAL SCIENCE HIGH SCHOOL	SCC
		ABAYA, RYKA ANAROSSET A.	CANDON NATIONAL HIGH SCHOOL	CC
		AMISTAD, JHANDIE GAIL N.	ILOCOS SUR NATIONAL HIGH SCHOOL	VC



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		PETILLA, ZAJARA SKYE	BACNOTAN NATIONAL HIGH SCHOOL	LU
	COACH:	LOPEZ, FEDERICO JR. F.	TURAC NATIONAL HIGH SCHOOL	SCC
	ASSISTANT COACH:	ABAYA, MARIA CARIDAD A.	CANDON NATIONAL HIGH SCHOOL	CC

ATHLETICS-ELEMENTARY BOYS

	EVENT	NAME	SCHOOL	DIVISION
1	100m	PALAFIX JR., ARWIN T.	SARRAT NORTH CENTRAL SCHOOL	IN
		CAYABYAB, JHEANIEL MARC D.	DOÑA AUREA ELEMENTARY SCHOOL	P2
2	200m	PALAFIX, JR. ARWIN T.	SARRAT NORTH CENTRAL SCHOOL	IN
		JULATON, FELIX B.	UMINGAN CENTRAL ELEMENTARY SCHOOL	P2
3	400m	PALAFIX JR., ARWIN T.	SARRAT NORTH CENTRAL SCHOOL	IN
4	800m	MURAO, REYNANTE JR. M.	PARATONG INTEGRATED SCHOOL	LU
5	1,500m	SORIANO, REMART T.	AQUILINO BANAAG ELEMENTARY SCHOOL	PI
9	110m Hurdles	JOHNSON, DON MIGUEL C.	OLEA ELEMENTARY SCHOOL	P1
		BORJA, GABRIEL A.	EULALIO F. SIAZON MEM. ES	LC
10	400m Hurdles	MAICONG, PRINCE ANTHONY F.	SUACO ELEMENTARY SCHOOL	P1
		JULATON, FELIX B.	UMINGAN CENTRAL ELEMENTARY SCHOOL	P2
12	High Jump	LAGASCA, JEFFREY L.	TAMBOBONG ELEMENTARY SCHOOL	P1
13	Long Jump	CABADING, CHRIS RAYVEN M.	CILI ELEMENTARY SCHOOL	P2

14	Triple Jump	CABADING, CHRIS RAYVEN M.	CILI ELEMENTARY SCHOOL	P2
		SILOS, JOHNDALE B.	CASTUSO INTEGRATED SCHOOL	P2
15	Shot Put	REYES, GIAN ALEXIS R.	LAOAG CENTRAL SCHOOL	LC
		SERRAON, YOHAN LUIS	CABILAOAN ELEMENTARY SCHOOL	P2
16	Discus Throw	PASCUAL, JOMAR LOWELL V.	VISAYA ELEMENTARY SCHOOL	IN
17	Javelin Throw	BERGADO, CRIS JAY N.	SAN ISIDRO ELEMENTARY SCHOOL	P2
	COACH:	AMAN, JAY B.	ADAMS CENTRAL ELEM. SCHOOL	IN
	ASST.COACH:	BATOL, JHUNEL B.	TAMBOBONG ELEM. SCHOOL	P1

ATHLETICS- ELEMENTARY GIRLS

	EVENT	NAME	SCHOOL	DIVISION
1	100m	TALIENTE, MAXENE LALAINA A.	STO. NINO ES	LC
		MANZANILLO, KENDRA LYNNE D.	STA. RAOSA ES	IN
2	200m	TALIENTE, MAXENE LALAINA A.	STO. NINO ES	LC
		MANZANILLO, KENDRA LYNNE D.	STA. RAOSA ES	IN
3	400m	BALILA, MARGAUX S.	BARCELONA ES	IN
4	800m	SUNGA, MERRY MILES G.	F. REYES MEM. ES	LC
		BALILA, MARGAUX S.	BARCELONA ES	IN
5	1,500m	SUNGA, MERRY MILES G.	F. REYES MEM. ES	LC
8	100m Hurdles	REMEGIO, JEANNE U.	BALATONG INTEGRATED SCHOOL	LC
10	400m Hurdles	ERFE, MA. THERESA GALE F.	ALIPANGPANG ES	P2
12	High Jump	MEDALLA, JASMEN M.	PITA INTEGRATED SCHOOL	P1
13	Long Jump	EVANGELISTA, ZAIRYLL M.	SAUD ES	IN
		AGANUS, RAIZA A.	COLO-MABALENG ES	BC
14	Triple Jump	CAAMPUED, BEA T.	CABALITIAN ES	P1

		REMEGIO, JEANNE U.	BALATONG INTEGRATED SCHOOL	LC
15	Shot Put	CASTILLO, FEONA EISHA D.	CASON ES	P1
		ALAMANI, SAMANTHA ZYRIEL R.	PERALTA ES	IN
16	Discus Throw	ILAC, SHAINA MAEP.	POGURUAC ES	P1
		FERNANDEZ, RYZA ROSE N.	Rosario Elementary School	P1
17	Javelin Throw	PARANGAN, JENNY M.	Don Andres G. Maiquez Memorial School	UC
		BALISCAO, JHONA AMBER F.	Nagsurot Elementary School	IN
	COACH:	RUTH B. PASCUAL	EULALIO F. SIAZON MEMORIAL ES	LC
	ASST. COACH:	BRIAN C. DEL FIERRO	LUCERO ELEMENTARY SCHOOL	P1

ATHLETICS-SECONDARY BOYS

	EVENT	NAME	SCHOOL	DIVISION
1	100m	MONDERO, JOLO D.	VIRGEN MILAGROSA UNIVERSITY	SCC
		AMODO, MARK JERWIN D.	ILOCOS NORTE REGIONAL SCH. OF FISHIRIES	LC
2	200m	MONDERO, JOLO D.	VIRGEN MILAGROSA UNIVERSITY	SCC
		CABALO, DANIEL NINO M.	DONA FRANCISCA LACSAMANA DE ORTEGA MEMORIAL NHS	LU
3	400m	NICOLAS, MARK DAVE	PIDDIG NATIONAL HIGH CITY	IN
		MONDERO, JOLO D.	VIRGEN MILAGROSA UNIVERSITY	SCC
4	800m	NICOLAS, MARK DAVE	PIDDIG NATIONAL HIGH CITY	IN
		HECHANOVA, JOACHIM S. ERIC	VIRGEN MILAGROSA UNIVERSITY	SCC
5	1,500m	HECHANOVA, JOACHIM S. ERIC	PANGASINAN NATIONAL HIGH SCHOOL	P1

		NICOLAS, MARK DAVE	PIDDIG NATIONAL HIGH CITY	IN
6	3,000m	CORTEZ, JEREMY B.	BELEN NATIONAL HIGH SCHOOL	IS
7	5,000m	HECHANOVA, JOACHIM S. ERIC	PANGASINAN NATIONAL HIGH SCHOOL	P1
		TOLENTINO, JULIUS E.	UMINGAN NATIONAL HIGH SCHOOL	P2
8	100m Hurdles	ESPIRITU, CJ A.	ALOS NATIONAL HIGH SCHOOL	AC
		RENATAL, REX ADRIAN V.	ALAMINOS CITY NATIONAL HIGH SCHOOL	AC
9	400m Hurdles	ESPIRITU, CJ A.	ALOS NATIONAL HIGH SCHOOL	AC
		QUILLIPOPO, MELVIN JR. D.	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
10	High Jump	VILLANUEVA, BONIFACIO JR. M.	PUDOC WEST INTEGRATED SCHOOL	IS
		ARELLANO, CARL AIANN D.	PRADO NATIONAL HIGH SCHOOL	P2
11	Long Jump	CALICDAN, REYLD LIZEN C.	ANDA NATIONAL HIGH SCHOOL	P1
		VILLAR, JHON LENARD C.	ALAMINOS CITY NATIONAL HIGH SCHOOL	AC
12	Triple Jump	CELZO, JR. NARDO	ANDA NATIONAL HIGH SCHOOL	P1
		CALICDAN, REYLD LIZEN C.	ANDA NATIONAL HIGH SCHOOL	P1
13	Shot Put	RAMOS, VHON ETHAN ALEXIE S.	SUAL NATIONAL HIGH SCHOOL	P1
14	Discus Throw	CASTRENCE, AARON JAN L.	SAN JOSE NATIONAL HIGH SCHOOL	P1
		HABON, ALJEF C.	DINARATAN NATIONAL HIGH SCHOOL	IS
15	Javelin Throw	VALDEZ, ROLLEN JOHN J.	QUIRINO NATIONAL HIGH SCHOOL	IS
16	Walkathon (2,000m)	BARTOLOME, PRINCE DHIERICK C.	PANGASINAN SCHOOL OF ARTS AND TRADES	P1
		MILAGROSA, DENIEL CZAR P.	UMINGAN NATIONAL HIGH SCHOOL	P2

17	Pole Vault	VALDEZ, JIMUEL H.	QUIRINO NATIONAL HIGH SCHOOL	IS
	COACH:	JOMAR R. CARIDO	ANDA NATIONAL HIGH SCHOOL	P1
	ASSISTANT COACH:	ACUYEN, VIC MERANDA L.	QUIRINO NATIONAL HIGH SCHOOL	IS

ATHLETICS-SECONDARY GIRLS

	EVENT	NAME	SCHOOL	DIVISION
1	100m	BALUNGAYA, YSHEN MAE B.	STA. ROSA NATIONAL HIGH SCHOOL	IN
		DACALCAP, ALTHEA B.	VMUF SENIOR HIGH SCHOOL	SCC
2	200m	TALIENTE, MA. CRISTINE JOY A.	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
		RAQUEDAN, DIVINE AYESSA P.	LUNA NATIONAL HIGH SCHOOL	LU
3	400m	TALIENTE, MA. CRISTINE JOY A.	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
		RAQUEDAN, DIVINE AYESSA P.	LUNA NATIONAL HIGH SCHOOL	LU
4	800m	TALIENTE, MA. CRISTINE JOY A.	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
		SALARDA, ALEAH C.	NAMA NATIONAL HIGH SCHOOL	P2
5	1,500m	MIGUEL, NATHALEI FAYE	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
		REQUILLO, ANDREA NICOLE P.	LUNA NATIONAL HIGH SCHOOL	LU
6	3,000m	MIGUEL, NATHALEI FAYE	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC

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7	100m Hurdles	AYALA, AIVY NATHALIE M.	LUNA NATIONAL HIGH SCHOOL	LU
	400m Hurdles	OLANIO, JADE S.	PATUNGCALEO INTEGRATED SCHOOL	IS
8	High Jump	FLORENDO, MICA MAE H.	SUYO NATIONAL HIGH SCHOOL	LU
		CASTILLO, ANGEL C.	CAROT NATIONAL HIGH SCHOOL	P1
9	Long Jump	MANUEL, RHYZA MAE O.	PANGASINAN NATIONAL HIGH SCHOOL	P1
	Triple Jump	BUMACOD, ERIKA MAE G.	ALAMINOS CITY NATIONAL HIGH SCHOOL	AC
10	Shot Put	RABI, ARIANA DAWN G.	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
11	Discus Throw	NATIVIDAD, DANIELA JANE R.	MATAAS NA PAARALANG JUAN C. LAYA	P2
		RABI, ARIANA DAWN G.	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
12	Javelin Throw	CACATIAN, LADY AJ ANDREA B.	UMINGAN NATIONAL HIGH SCHOOL	P2
		CAROLINO, LOVELYN	ANDA NATIONAL HIGH SCHOOL	P1
13	Walkathon(2,000m)	BANTIAO JANNYN S.	CAMBALY NATIONAL HIGH SCHOOL	LU
		DESPI, CIJAY TATHI CHIEN P.	LUNA NATIONAL HIGH SCHOOL	LU
	COACH:	ABALOS, GLADYS D.	ILOCOS NORTE COLLEGE OF ARTS AND TRADES	LC
	ASST. COACH:	RODRIGUEZ, GOERTZEL B.	LUNA NATIONAL HIGH SCHOOL	LU

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SWIMMING-ELEMENTARY BOYS

	NAME	EVENT	SCHOOL	DIVISION
1	Bermudez, Juancho Anthony P.	50M Breaststroke	MMSU-LES	LC
2	Gamit, Timothy Jay I	50M Freestyle	ABAGATAN INTEG SCHOOL	P1
3	Juan, Adam Jefferson P.	50M Backstroke, 50M Freestyle	NORTHFIEL ACADEMY	DC
4	Magno, Joaquin Carlos Luis F.	400m Freestyle, 50m Butterfly, 100m Freestyle, 100m Butterfly, 200m Freestyle	LABIT WEST ELEM. SCHOOL	UC
5	Nacnac, Dominic Josef A.	400M Freestyle, 100M Backstroke, 200M Individual Medley, 50M Backstroke	MMSU-LES	LC
6	Tolentino, Clyde Jarrel L.	100M Backstroke, 200M Individual Medley, 100M Butterfly	GOLDEN ELEM. SCHOOL	P1
7	Torbela, Mateus Noah S.	100M Breaststroke, 50M Freestyle	BRIGHT INTER SPECIAL SCHOOL	UC

SWIMMING-ELEMENTARY GIRLS

	NAME	EVENT	SCHOOL	DIVISION
1	Piawan, Aya Emme B.	50M Backstroke, 100M Backstroke, 50M Freestyle	Padre Annibale Integrated School	LC
2	Vengco, Raven Nichole M.	50M Freestyle	St. Anthony Abbot Academy	P2
3	Cesista, Arriana June B.	100M Backstroke, 100M Freestyle, 50M Backstroke, 200M Freestyle	International Colleges for Excellence	UC
4	Soria, Sky Chelsea D.	400M Freestyle	International Colleges for Excellence	IS
5	Estrada, Crishnea Cielo	50M Breaststroke, 100M Breaststroke	St. Albert the Great School	DC
6	Quico, Markish Douah A.	50M Butterfly, 200M Individual Medley, 100M Butterfly	St. Paul College	IS

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SWIMMING-SECONDARY BOYS

	NAME	EVENT	SCHOOL	DIVISION
1	Blanco, Carl Yshmael L.	50M Butterfly, 100M Freestyle, 50M Backstroke, 100M Freestyle	VMUF Senior HS	SCC
2	Felipe, Arvin P.	50M Freestyle	Florentino Camaquin IS	IN
3	Macatuggal, Carl Dwayne D.	100M Freestyle	Ilocos Norte NHS	LC
4	Pascua, Lyon F.	200M Butterfly, 200M Freestyle	St. Paul College	IS
5	Della, Anton Paulo Dominick I.	400M Freestyle, 800M Freestyle, 200M Individual Medley, 400M Individual Medley, 1500 Freestyle	ABE Integrated College AMA Bacnotan	LU
6	Pajas, Zyrhed Phoenix U.	800M Freestyle, 1,500M Freestyle	Ilocos Sur NHS	VC
7	Ricohermoso, Jush Czar N.	200M Breaststroke, 50M Breaststroke	Math Excellence Academy of Binalonan Inc.	P2
8	Sarmiento, Gariel Benedict	50M Breaststroke, 100M Breaststroke	St. Vincent Catholic School	P1
9	Caoile, AJ N.	100M Backstroke, 200M Individual Medley, 50M Backstroke, 100M Butterfly, 200M Backstroke	Urdaneta City NHS	UC

SWIMMING-SECONDARY GIRLS

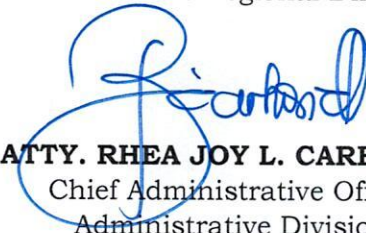
	NAME	EVENT	SCHOOL	DIVISION
1	Ato, Graziella Sophia R.	400M Freestyle, 800M Freestyle, 400M Individual Medley, 1,500 Freestyle	Great Heights Learning Center	IS
2	Barrozo, Maria Genevieve	100M Freestyle, 50M Backstroke, 100M Butterfly, 200M Freestyle	La Marea Academy	DC
3	Blanco, Charlize Yrielle L.	50M Butterfly, 50M Freestyle	VMUF SPEC- SCIENCE HS	SCC
4	Enriquez, Jamaica D.	200M Breaststroke, 200M Individual Medley, 100M Freestyle, 50M Breaststroke, 100M Breaststroke	Math Excellence Academy of Binalonan Inc.	P2
5	Mendoza, Unah Aideyen P.	200M Butterfly, 200M Backstroke	Great Heights Learning Center	IS

6	Peralta, Elouisse Mañuella F.	50M Backstroke	St. Columban's College	P1
7	Ting, Santhea Elainne	800M Freestyle	La Union Union Cultural Institute	SFC
8	Yauco, Francheska Dynelle S.	100M Backstroke	Bayambang NHS	P1

3. Details on the participation to the 2025 Palarong Pambansa shall be communicated through a separate memo.

4. Immediate dissemination of this memorandum is desired.

For the Regional Director;


ATTY. RHEA JOY L. CARBONELL
 Chief Administrative Officer
 Administrative Division

Reference: None

To be indicated in the Perpetual Index
 under the following subjects:

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