



Republic of the Philippines
Department of Education
 REGION I



FEB 28 2024

REGIONAL MEMORANDUM
 No. 233 s. 2024

WEBINAR ON "A HEALTHY SMILE, A HEALTHY HEART"

To: Schools Division Superintendents

1. The Department of Education Regional Office 1, through the Education Support Services Division - School Health and Nutrition Unit shall conduct an online webinar entitled "A Healthy Smile, A Healthy Heart" for all the personnel and learners in Region I on March 5, 2024 at 9:00 AM via zoom and facebook live.

2. The activity aims to provide health tips toward achieving a healthy smile and a healthy heart and to improve dental and cardiovascular health as well as quality of life through prevention, detection, and treatment of risk factors that will lead to cardiovascular diseases.

3. Immediate dissemination of this Memorandum is desired

TOLENTINO G. AQUINO
 Director IV

To be included in the Perpetual Index
 under the following subjects:

PROGRAMS HEALTH EDUCATION

ESSD-RJSC/memo_HealthyHeart-smile
 February 27, 2024



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