



Republic of the Philippines
Department of Education
REGION I



Office of the Regional Director

SEP 28 2021

REGIONAL MEMORANDUM
No. 1108, s. 2021

PRESENTATION OF GALAW PILIPINAS

To: Schools Division Superintendents

1. The Bureau of Curriculum Development- Special Curricular Programs Division (BCD-SCPD) shall conduct a virtual Presentation of Galaw Pilipinas on September 27, 2021 at 8:00 AM to 2:00 PM via Zoom platform to expand the role of the Department in providing and promoting physical activity to all Filipino learners.
2. The Education Program Supervisors in-charge of MAPEH/SPS are requested to attend and register at <https://tinyurl.com/Galaw-Pilipinas> for the meeting details.
3. For inquiries, please contact the BCD-SCPD through Mr. Harold D. Espiritu at harold.espiritu@deped.gov.ph.
4. Immediate dissemination of and compliance to this memorandum is desired.


TOLENTINO G. AQUINO
Director IV 

Encl: DM-OUCI-2021-405
Reference: DM-OUCI-2021-405
To be included in the Perpetual Index
Under the following subjects:

GALAW PILIPINAS PRESENTATION

CLMD/eac/RM_PresenttaiononGalawPilipinas
September 27, 2021

DepEd Region 1: Built on character; empowered by competence.



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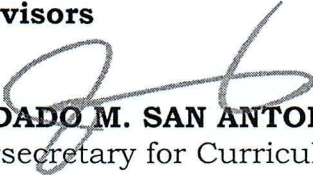
Republic of the Philippines
Department of Education
UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION



DEPED MEMORANDUM
DM-OUCI-2021-405

TO : All Regional Directors
Minister, Ministry of Basic, Higher and Technical
Education, BARMM

ATTENTION : Schools Division Superintendents
CLMD and CID Chief Education Supervisors
Regional and Division MAPEH/SPS
Supervisors

FROM : 
DIOSDADO M. SAN ANTONIO
Undersecretary for Curriculum and Instruction

SUBJECT : Presentation of Galaw Pilipinas

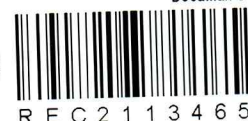
DATE : September 22, 2021

The Department of Education, through the **Bureau of Curriculum Development- Special Curricular Programs Division (BCD-SCPD)** and field implementers, developed national calisthenics dubbed as '**Galaw Pilipinas**' to expand the role of the Department in providing and promoting physical activity to all Filipino learners.

Galaw Pilipinas aims to: (1) promote a healthy lifestyle for learners that will benefit their physical and socio-emotional well-being; (2) improve learners' strength, flexibility, endurance, and coordination; (3) enhance cultural awareness by integrating Philippine cultures in the calisthenics exercises; and (4) inculcate nationalism and discipline among learners.

In view of this, the BCD-SCPD shall conduct a virtual **Presentation of Galaw Pilipinas** on **September 27, 2021**, at **8:00 a.m-2:00 p.m** via Zoom platform. This activity aims to:

- a. present the developed promotional and instructional videos of Galaw Pilipinas; and
- b. gather comments and recommendations on the Galaw Pilipinas videos and draft guidelines.





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BCD-SCPD-O-2021-2325

The expected participants in this activity are the **Regional and Division Supervisors in-charge of Music, Arts, Physical Education, and Health (MAPEH) or Special Program in Sports (SPS)**.

The allotted number of participants per region to the activity is provided in **Annex A** for your reference. The regional office, through the Education Program Supervisor in-charge of MAPEH/SPS, is requested to send the confirmation of their participants using the template in **Annex B** to email address: harold.espiritu@deped.gov.ph on or before **September 24, 2021**. Likewise, participants are requested to register at <https://tinyurl.com/Galaw-Pilipinas> to receive the meeting details via e-mail.

For coordination and inquiries, please contact the BCD-SCPD through **Mr. Harold D. Espiritu** at the above email address.

Immediate and wide dissemination of this memorandum is requested.



Republic of the Philippines
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BCD-SCPD-O-2021-2325

Annex A

**Presentation of Galaw Pilipinas
September 27, 2021
via Zoom**

NUMBER OF PARTICIPANTS

Region	No. of Allotted Participants
I	15
II	10
III	21
IV-A	22
IV-B	8
V	14
VI	21
VII	20
VIII	14
IX	9
X	15
XI	12
XII	10
BARMM	10
CARAGA	13
CAR	9
NCR	18



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Annex B

**Presentation of Galaw Pilipinas
September 27, 2021
via Zoom**

CONFIRMATION SHEET

Region: _____

Name	Position/ Designation	Division	Email Address	Cellphone No.

Submitted by:

Name and Signature

Date: _____

Approve by:

Name and Signature

Date: _____