REGIONAL MEMORANDUM
No. REGI-1-090, s. 2021

MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS) VIDEO FOR BALIK ESKWELA 2021

To: Schools Division Superintendents


2. The video will show the different challenges that learners may face and various emotions that they may feel as they prepare for the new school year during this pandemic. It will also tackle several ways to cope with the situation and will provide tips to help them adjust on the first few days of remote/distance learning.

3. Schools Division and schools are encouraged to access the MHPSS series for additional resources.

4. Below are the links for the MHPSS series:

<table>
<thead>
<tr>
<th>Program</th>
<th>Facebook Link for Online version</th>
<th>Repository Link for Downloadable version</th>
</tr>
</thead>
<tbody>
<tr>
<td>Developed MHPSS resources (as references)</td>
<td><a href="https://bit.ly/MHPSS-Resources-2021">https://bit.ly/MHPSS-Resources-2021</a></td>
<td></td>
</tr>
</tbody>
</table>
5. For information and guidance.

Incl.: As Stated.

To be indicated in the Perpetual Index
under the following subject:

HEALTH EDUCATION

ESSD-JRBP/MHPSS2021Videos
September 15, 2021

TOLENTINO G. AQUINO
Director IV
DepEd Task Force COVID-19
MEMORANDUM No. 507
08 September 2021

For: Secretary Leonor Magtolis Briones
Undersecretaries and Assistant Secretaries
Bureau/Service Directors and Division Chiefs
All Others Concerned

Subject: UPLOADING ON FACEBOOK OF A MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT VIDEO FOR BALIK ESKWELA 2021 AND REPOSITORY OF ADDITIONAL MHPSS RESOURCES

With the opening of School Year 2021-2022 and in continuance of the blended learning approach, the Department of Education (DepEd), through the DepEd Task Force COVID-19, will be uploading on Facebook a Mental Health and Psychosocial Support Services (MHPSS) video titled “Balik Esweľa Kasama Si Ready Kid.”

It will be shown on National School Opening Day for School Year 2021 – 2022 on September 13, 2021 (Monday). The material will be uploaded on DepEd Facebook page at 11:45 am. The video will run for 10 minutes.

The video will show the different challenges that learners may face and various emotions that they may feel as they prepare for the new school year during this pandemic. It will also tackle several ways to cope with the situation and will provide tips to help them adjust on the first few days of remote/distance learning.

Additionally, as part of the Department’s initiative to promote disaster preparedness and build disaster-resilient communities, a video series titled “The Adventures of Ready Kid” will also be uploaded on the same platform on the same day at 12 noon. The material will run for 6 minutes.

Therefore, learners, parents, caregivers and the DepEd personnel are enjoined to watch the broadcast.
The Disaster Risk Reduction and Management Service (DRRMS) produced the videos in coordination with the Public Affairs Service (PAS).

Regional and division offices, as well as schools, may also access the following MHPSS series for additional resources:

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<tr>
<td>Downloadable version of 'Balik Eskwela Kasama Si Ready Kid'</td>
<td>Watch it on the official DepEd Philippines Facebook Page on September 13, 2021 at 11:45am</td>
<td></td>
</tr>
</tbody>
</table>

Developed MHPSS resources can also be used as references. These materials can be accessed at https://bit.ly/MHPSS-Resources-2021.

For clarifications, please contact the DepEd Task Force COVID-19 through the DRRMS located at the 3rd Floor of Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City or at telephone no. (02) 8637-4933 or email at drrmo@deped.gov.ph.

Thank you.

For your information and guidance.

ALAIN DEL B. PASCUA
Undersecretary
Chairperson, DepEd Task Force COVID-19