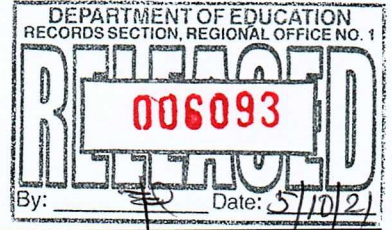




Republic of the Philippines
Department of Education
REGION I



Office of the Regional Director

MAY 10 2021

REGIONAL MEMORANDUM
No. 420, s. 2021

**INVITATION TO ENJOIN PERSONNEL IN THE ONLINE MENTAL HEALTH
AND PSYCHOSOCIAL SUPPORT SERVICE (MHPSS) ACTIVITY**

To: Schools Division Superintendents

1. Attached is the Memorandum from the Undersecretary for Administration Alain Del B. Pascua, Department of Education–Central Office, Meralco Avenue, Pasig City dated May 3, 2021.
2. For information and appropriate action.


TOLENTINO G. AQUINO
Director IV

Incl.: As Stated.

To be indicated in the Perpetual Index
under the following subject:

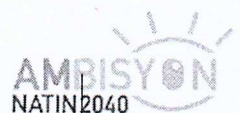
HEALTH EDUCATION

ESSD-SPPS/jrbp/TayoNamanMHPSS2021
May 6, 2021

DepEd Region 1: Built on character; empowered by competence.



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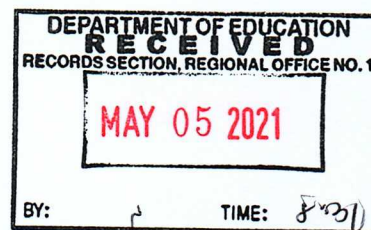


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Republika ng Pilipinas
Kagawaran ng Edukasyon
Tanggapan ng Pangalawang Kalihim

DepEd Task Force COVID-19
MEMORANDUM No. 385
03 May 2021



For: **Regional Directors**
Schools Division Superintendent
All DepEd Personnel

Subject: **INVITATION TO ENJOIN PERSONNEL IN THE ONLINE**
MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICE
(MHPSS) ACTIVITY

As part of its response to the COVID-19 pandemic last 2020, the Office of the Undersecretary for Administration (OUA), through the Disaster Risk Reduction and Management Service (DRRMS) in partnership with the Psychological Association of the Philippines (PAP), has conducted online learning activities to provide Mental Health and Psychosocial Support to learners, personnel and parents. This includes the Wellness Check Series for DepEd Personnel which feature discussions on various topics related to positive coping mechanisms to combat stress and other challenges to a person's mental health brought upon by the COVID-19 pandemic.

A year after, the country has experienced another unprecedented surge of cases, causing heightened fear and anxiety to many. The Department of Education (DepEd) personnel are not exempted from this. While the number of cases are rising, the Department's mandate towards learning continuity remains. In these challenging times when aside from the physical threat, the mental health of the people are also affected, the Disaster Risk Reduction and Management Service (DRRMS) will conduct an online Mental Health and Psychosocial Support Service (MHPSS) activities for DepEd personnel.

As the pandemic continues to challenge the populace, DRRMS will continue its MHPSS program for Personnel. The program is renamed **TAYO NAMAN! Tulong, Alaga, Yakap at Oras para sa mga Tagapagtaguyod ng Edukasyon** in partnership with Globe Telecom, MAGIS Creative Spaces, Philippine Mental Health Association (PMHA), and Unilab Foundation.

TAYO Naman! will include:



DepEd RO1



Documan 8



Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

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