



Republic of the Philippines
Department of Education
REGION I

DEPED REGIONAL OFFICE I
RELEASED

MAY 06 2020

BY: [Signature] 04274

Office of the Regional Director

REGIONAL MEMORANDUM
No. **226**, s. 2020

**WEBINAR TO ADDRESS MENTAL HEALTH NEEDS
DURING THE PANDEMIC**

To: Schools Division Superintendents

1. As part of the Employee Welfare Program of the Department of Education Regional Office 1, the Human Resource Development Division (HRDD) in coordination with the Education Support Services Division (ESSD) shall conduct a webinar entitled **Building Capacity to Address Mental Health Needs During The Pandemic** addressing the need to provide support to our own medical health personnel who currently serve as volunteers and frontliners in their respected municipalities or barangays.
2. The webinar shall be on **May 14, 2020** at **9:00 a.m** through the Microsoft Teams platform. As such, please advise all concerned to be ready with their MS Teams account.
3. Participants are advised to download the Microsoft Teams application on their laptops or mobile phones and log in 15 minutes before the scheduled time.
4. This activity aims to deepen the participants' understanding in addressing emerging psycho-social needs to maintain work efficiency and productivity.
5. Attached is the list of participants who shall attend the said activity. Participants are expected to register thru this link **deped.in/WFHR1Support2020** on or before May 12, 2020, 12 noon.
6. The online event will be recorded, the recording is for personal viewing only and not to be shared or posted for public access without the express permission from HRDD in compliance with Data Privacy Act of 2012 (RA 10173).

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7. Immediate dissemination of this Memorandum is desired.



TOLENTINO G. AQUINO
Director III
Officer-in-Charge
Office of the Regional Director

Encl.: As stated

Reference: None

To be indicated in the Perpetual Index
Under the following subjects:

EMPLOYEES
HEALTH EDUCATION
PROGRAM

HRDD/kmb/jwv/RM
May 5, 2020



Republic of the Philippines
Department of Education
 REGION I

ATTACHMENT

List of Participants

No.	Name	Designation	Division
1	Aida Cadawas	DIC	Alaminos City
2	Carlo Rabanal	NIC	Alaminos City
3	Marisol Mamaradlo	MO3	Pangasinan 1
4	Lorna Diaz	DIC	Pangasinan 1
5	Girlie Grace Bravo	NIC	Pangasinan 1
6	Theresa Parayno	MO3	Dagupan City
7	Jeanlyne Trigue	DIC	Dagupan City
8	Teodoro Manaois	NIC	Dagupan City
9	Noreen Vidal	Nurse	Dagupan City
10	Urbano Benitez	MO3	San Carlos City
11	Rosabella Sy	DIC	San Carlos City
12	Veronica Naval	NIC	San Carlos City
13	Sheila Ann Perez	MO3	Urdaneta City
14	Mary Jane Manzano	DIC	Urdaneta City
15	Theresa Eleccion	NIC	Urdaneta City
16	Audrey Viduya	MO3	Pangasinan 2
17	Eillean Rillera	DIC	Pangasinan 2
19	Jerry Limson	NIC	Pangasinan 2
19	Louella Balatayo	DIC	La Union
20	Connie Ragojo	Nurse II	La Union
21	Grace Aguilar	NIC	La Union
22	Andy William Mendoza	MO3	San Fernando City
23	Marissa Laborte	DIC	San Fernando City
24	Kristian Victor Casuga	NIC	San Fernando City
25	Dennis Ragasa	MO3	Candon City
26	Jess Naungayan	DIC	Candon City
27	Cyril Pelis	NIC	Candon City
28	Arlyn Batulan	MO3	Vigan City
29	Mac Lupert Rapacon	DIC	Vigan City
30	Laurie Angela	NIC	Vigan City
31	Jonathan Amilao	MO3	Ilocos Sur
32	Milagros Bongolan	DIC	Ilocos Sur
33	May Fe Quioco	Nurse	Ilocos Sur
34	Debbie Ann Saraos	NIC	Ilocos Sur
35	Marites Diego	MO3	Batac City
36	Lois Gabrille Marquez	DIC	Batac City
37	Mirasol Mangasep	NIC	Batac City